

# ACADEMIC PLANNING SHEET

## B.S. EXHPR RECREATION EMPHASIS

COLORADO STATE UNIVERSITY – PUEBLO

2018-2019 CATALOG

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	Fall Semester		Spring Semester	
<b>First Year</b>	EXHP 101: Introduction to EXHPR REC 240: Recreation Program Design ENG 101: English Composition I General Education Course: MATH 109 (recomm) REC 100L: Wilderness Technical Skills  <b>TOTAL SEMESTER HOURS</b>	2 3 3 3 1 <b>12</b>	CIS 100: Intro to Word & Windows CIS 103: PowerPoint & Web Publish CIS 104: Excel Spreadsheets Required Concentration Course Gen Ed Course: Nat & Phys Science (1course w/lab) (BIOL 121/121L required for OL/WE concentration) ENG 102: English Composition II  <b>TOTAL SEMESTER HOURS</b>	1 1 1 3 4 3 <b>13</b>
<b>Second Year</b>	REC 250: Commercial Recreation & Tourism REC 280: Foundations of Therapeutic Recreation MCCNM 210: Intro to Integrated Communication Gen Ed Course: Nat & Phys Science (1course w/lab) REC: Take 2 credits from 102-117L  <b>TOTAL SEMESTER HOURS</b>	3 3 3 4 2 <b>15</b>	REC 350: Leadership and Ethics Required Concentration Course COMR 103: Speaking and Listening General Education Course PSYCH 151: Human Development (Gen Ed Course)  <b>TOTAL SEMESTER HOURS</b>	3 3 3 3 3 <b>15</b>
<b>Third Year</b>	Required Concentration Course REC 360: Outdoor Education General Education Courses AT 232: First Aid (2) <b>or</b> REC 322: Wilderness First Aid (OL/WE required) (3)  <b>TOTAL SEMESTER HOURS</b>	3 3 6 2-3 <b>14-15</b>	REC 389: Community/Commercial Rec Practicum EXHP 461: Managing Programs in EXHPR REC 249: Challenge Course Leadership General Education Course Hours outside the major  <b>TOTAL SEMESTER HOURS</b>	3 3 2 3 3 <b>14</b>
<b>Fourth Year</b>	REC 375: Research & Evaluation of Recreation Required Concentration Course Hours outside major  <b>TOTAL SEMESTER HOURS</b>	3 3 6 <b>12</b>	REC 493: Seminar REC 485: Recreation Facility Design/Management Hours outside the major  <b>TOTAL SEMESTER HOURS</b>  <b>Senior – Summer</b> REC 498: Internship OR REC489 Internship in Therapeutic Rec	2 3 8 <b>13</b>  <b>12</b>

**DISCLAIMER:** The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.

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## General Education Requirements:

35 semester hours

- ENG 101: English Composition I (3)
- ENG 102: English Composition II (3)
- Mathematics Course (3)  
*MATH 109 Mathematical Explorations (recommended)*
- Humanities Courses (9)  
*COMR 103 Speaking and Listening (3)*
- History Course (3)
- Social Sciences Courses (6)  
*PSYCH 151: Human Development (3) OR  
PSYCH 100: General Psychology*
- Natural and Physical Sciences Courses (8) ((2 courses with labs)  
*BIOL 121/121L: Environmental Conservation/Lab (4)*  
(Required if in Outdoor Leadership and Wilderness Education concentration.)

Course Completed elsewhere                      CSU-Pueblo equivalent  
(Ex: English 101)                                      (Ex: English 101)

## Major Requirements:

*EXHP Recreation Core Requirements: 56 semester hours*

- EXHP 101: Introduction to EXHPR (2)
- REC 100L: Wilderness Tech Skills (1)
- REC Take 2 credits from 112-120L or EXHP 105L/205L (2)
- REC 240: Recreation Program Design (3)
- REC 249: Challenge Course Leadership (2)
- REC 250: Commercial Recreation and Tourism (3)
- REC 280: Foundations of Therapeutic Recreation (3)
- AT 232: First Aid (2)  
OR
- REC 322: Wilderness First Aid (OL/WE required) (2)
- MCCNM 210: Intro to integrated Communication (3)
- REC 350: Leadership and Ethics (3)
- REC 360: Outdoor Education (3)
- REC 375: Research and Evaluation of Recreation (3)
- REC 389: Community/Commercial Rec Practicum (3)
- EXHP 461: Managing Programs in EXHPR (3)
- REC 493: Seminar (2)
- REC 485: Recreation Facility Design/Management (3)
- REC 498: Internship (12)  
OR
- REC 489: Internship in Therapeutic Rec (12)
- CIS 100: Introduction to Word and Windows (1)
- CIS 103: PowerPoint and Web Publishing (1)
- CIS 104: Excel Spreadsheets (1)

## Concentration Course Requirements:

Students pursuing the Recreation emphasis are required to select a concentration area in either Outdoor Leadership and Wilderness Education or Recreation Management.

## Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 semester hours must be earned from a four year institution. Of these, a minimum of 30 semester hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

## Additional Major Graduation Requirements:

- Complete an emphasis of study with a cumulative GPA of 2.50 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Repeat prerequisite and major courses with a grade of "D" or lower until a grade of "C" or higher is achieved; and
- Earn a cumulative of 2.0 or higher in required English and speech courses.

## **OUTDOOR LEADERSHIP AND WILDERNESS EDUCATION: 64 semester hours**

### **Required Concentration Courses 12 semester credits**

Take any three of Rec 102, 103, 104, 105 6 credit hours

- REC 102: Mountain Orientation (2)
- REC 104: Desert Orientation (2)
- REC 103: Winter Orientation (2)  
OR
- REC 105: Canyon Orientation (2)
- REC 270: Outdoor Leadership I (2)
- REC 370: Outdoor Leadership II (2)
- REC 484: Outdoor Resources and Management (2)

**Hours Outside the Major (at least 2 upper division credits) 17 sem. hours**

### **General Education Requirements (35)**

- COMR 103: Speaking and Listening (3)
- ENG 101: Composition I (3)
- ENG 102: Composition II (3)
- MATH: (3)
- Social Sciences (3)
- PSYCH: 151 Human Development (3) OR  
     PSYCH: 100 General Psychology (3)*
- Humanities (6)
- History (3)
- Natural and Physical Science (4)
- BIOL121: Environmental Conservation (3)*
- BIOL 121L: Environmental Conservation Lab (1)*

## **RECREATION MANAGEMENT: 64 semester hours**

### **Required Concentration Courses: 12 semester credits**

- MGMT 201 Principles of Management (3)
- MGMT 318: Human Resource Management (3)
- MKTG 340: Principles of Marketing (3)
- MKTG 342: Promotional Strategy (3)  
OR
- MKTG 345: Retail Management (3)  
OR
- MKTG 348: Consumer Behavior (3)

**Hours Outside the Major: 17 semester hours**

### **General Education Requirements (35)**

- COMR 103: Speaking and Listening (3)
- ENG 101: Composition I (3)
- ENG 102: Composition II (3)
- MATH: (3)
- Social Sciences (3)
- PSYCH: 151 Human Development (3) OR  
     PSYCH 100 General Psychology (3)*
- Humanities (6)
- History (3)
- Natural and Physical Science (8)