

ACADEMIC PLANNING SHEET

B.S. EXHPR ATHLETIC TRAINING EMPHASIS

COLORADO STATE UNIVERSITY – PUEBLO

2018-2019 CATALOG

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	Fall Semester		Spring Semester	
First Year	AT 102: Introduction to Allied Health EXHP 162: Personal Health EXHP 162L: Personal Health Lab ENG 101: English Composition I MATH 121: College Algebra CIS 100: Intro to Word & Windows CIS 103: PowerPoint & Web Publishing CIS 104: Excel Spreadsheets TOTAL SEMESTER HOURS	2 3 1 3 4 1 1 1	AT 232: First Aid AT 260: Injuries/Illnesses Care & Prevention BIOL 112: Nutrition ENG 102: English Composition II BIOL 100/L: Principles of Biology/Lab TOTAL SEMESTER HOURS	2 3 3 3 4
Second Year	AT 234: Emergency Care EXHP 222: Behavior Facilitation EXHP 343: Research and Statistics PSYCH 151: Human Development Or CHEM 121/L: General Chemistry I/Lab TOTAL SEMESTER HOURS	1 3 3 4 5	BIOL 223/L: Human Physiology & Anatomy II/Lab COMR 103: Speaking & Listening General Education TOTAL SEMESTER HOURS	2 3 6
Third Year	BIOL 224/L: Human Physiology & Anatomy II/Lab+ EXHP 201: Drugs and Healthy Lifestyles EXHP 364: Kinesiology PSYCH 205: Introduction to Sport Psychology General Education TOTAL SEMESTER HOURS	4 3 3 3 3	AT 301: Physical Assessment BIOL 220: Medical Terminology EXHP 344: Exercise Physiology EXHP 344L: Exercise Physiology Lab EXHP 382: Lifestyle Disease Risk Reduction EXHP 432: Applied Sport & Exercise Psychology TOTAL SEMESTER HOURS	3 2 3 1 3 3
Fourth Year	AT 323: Functional Exercise Training EXHP 436: Exercise Assessment PHYS 201/L: Principles of Physics I/Lab General Education TOTAL SEMESTER HOURS	2 3 4 3	EXHP 440: Biomechanics EXHP 461: Managing Programs in EXHPR EXHP 494: Field Experience AND EXHP 492: Research OR EXHP 498: Internship TOTAL SEMESTER HOURS	3 3 12 18

DISCLAIMER: The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.

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General Education Requirements: 24 semester hours

- ENG 101: English Composition I (3) ***
- ENG 102: English Composition II (3) ***
- Mathematics Course (3)
 - MATH 121: College Algebra (4) ***
- Humanities Courses (9)
 - COMR 103: Speaking and Listening (3) ***
- History Course (3)
- Social Sciences Courses (6)
 - PSYCH 151: Human Development (3) ***
 - OR
 - PSYCH 100: General Psychology (3) ***
- Natural and Physical Sciences Courses (8) (2 courses with labs)
 - EXHP 162: Personal Health (3) ***
 - EXHP 162L: Personal Health Lab (1) ***
 - BIOL 223: Human Physiology & Anatomy I (3) ***
 - BIOL 223L Human Physiology & Anatomy I Lab (1) ***

Course Completed elsewhere CSU-Pueblo equivalent
(Ex: English 101) (Ex: English 101)

Required Major Courses: 61 Sem. Hours

- AT 102 Introduction to Allied Health (2) **
- EXHP 162: Personal Health (3) **
- EXHP 162L: Personal Health Lab (1) **
- EXHP 201: Drugs and Healthy Lifestyles (3) F
- EXHP 222: Behavior Facilitation (3) **
- AT 232: First Aid (2) **
- AT 234: Emergency Care (2) **
- AT 260: Injuries/Illnesses Care & Prevention (3) **
- AT 301: Physical Assessment (3) **
- AT 323: Functional Exercise Training (2) **
- EXHP 343: Research and Statistics (3) **
- EXHP 344: Exercise Physiology (3) **
- EXHP 344L: Exercise Physiology Lab (1) **
- EXHP 364: Kinesiology (3) **
- EXHP 382: Lifestyle Disease Risk Reduction (3) S
- EXHP 432: Applied Sport and Exercise Psych (3) S
- EXHP 436: Exercise Assessment (3) **
- EXHP 440: Biomechanics (3) (*offered upon demand*)
- EXHP 461: Managing Programs in EXHPR (3) S
- EXHP 498: Internship (12) **
 - OR
 - EXHP 494: Field Experience (9) **
 - EXHP 492: Research (3) **

Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

Additional Major Graduation Requirements:

- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Receive grades of no less than "B" in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.

Other Required Courses 23 Semester Hours

- BIOL 112: Nutrition (3) **
 - BIOL 220: Medical Terminology (2) S
 - BIOL 223: Human Physiology & Anatomy I (3) ***
 - BIOL 223L: Human Physiology & Anatomy I Lab (1) ***
 - BIOL 224: Human Physiology & Anatomy II (3) ***
 - BIOL 224L: Human Physiology & Anatomy II Lab (1) ***
 - CIS 100: Intro to Word and Windows (1) **
 - CIS 103: Power Point and Web Publishing (1) **
 - CIS 104: Excel Spreadsheets (1) **
 - COMR 103: Speaking and Listening (3) ***
 - ENG 101: English Composition I (3) ***
 - ENG 102: English Composition II (3) ***
 - MATH 121: College Algebra (4) ***
 - PSYCH 151: Intro to Human Development (3) ***
 - PSYCH 205: Introduction to Sport Psychology (3) F
 - General Education: History (3)
 - General Education: Humanities (6)
 - General Education: Social Science (3)
- (Courses *italicized* meet General Education requirements)

Hours Outside the Major: 13 semester-hours

- BIOL 100/L: Principles of Biology and Lab (4) **
- CHEM 121/L: General Chemistry I and Lab (5) **
- PHYS 201: Principles of Physics I and Lab (4) **

** Course may be offered Fall or Spring