# Academic Planning Sheet

## B.S. EXHPR

### Recreation Emphasis

**Colorado State University – Pueblo**

2017-2018 Catalog

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<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Year</strong></td>
<td><strong>Spring Semester</strong></td>
</tr>
<tr>
<td>EXHP 101: Introduction to EXHPR</td>
<td>CIS 100: Intro to Word &amp; Windows</td>
</tr>
<tr>
<td>REC 240: Recreation Program Design</td>
<td>CIS 103: PowerPoint &amp; Web Publish</td>
</tr>
<tr>
<td>ENG 101: English Composition I</td>
<td>CIS 104: Excel Spreadsheets</td>
</tr>
<tr>
<td>General Education Course: MATH 109 (recomm)</td>
<td>Required Concentration Course</td>
</tr>
<tr>
<td>REC 100L: Wilderness Technical Skills</td>
<td>Gen Ed Course: Nat &amp; Phys Science (1course w/lab)</td>
</tr>
<tr>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
<td>ENG 102: English Composition II</td>
</tr>
<tr>
<td>12</td>
<td>3</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Second Year</strong></th>
<th><strong>Third Year</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>REC 250: Commercial Recreation &amp; Tourism</td>
<td>Required Concentration Course</td>
</tr>
<tr>
<td>REC 280: Foundations of Therapeutic Recreation</td>
<td>REC 350: Leadership and Ethics</td>
</tr>
<tr>
<td>MCCCN 210: Intro to Integrated Communication</td>
<td>Required Concentration Course</td>
</tr>
<tr>
<td>Gen Ed Course: Nat &amp; Phys Science (1course w/lab)</td>
<td>COMR 103: Speaking and Listening</td>
</tr>
<tr>
<td>REC: Take 2 credits from 102-117L</td>
<td>General Education Course</td>
</tr>
<tr>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
<td>PSYCH 151: Human Development (Gen Ed Course)</td>
</tr>
<tr>
<td>15</td>
<td>3</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Third Year</strong></th>
<th><strong>Fourth Year</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Required Concentration Course</td>
<td>REC 375: Research &amp; Evaluation of Recreation</td>
</tr>
<tr>
<td>REC 360: Outdoor Education</td>
<td>Required Concentration Course</td>
</tr>
<tr>
<td>General Education Courses</td>
<td>Required Concentration Course</td>
</tr>
<tr>
<td>AT 232: First Aid (2) or</td>
<td>Hours outside major</td>
</tr>
<tr>
<td>REC 322: Wilderness First Aid (OL/WE required) (3)</td>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
</tr>
<tr>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
<td>14-15</td>
</tr>
<tr>
<td>14-15</td>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Fourth Year</strong></th>
<th><strong>Senior – Summer</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>REC 375: Research &amp; Evaluation of Recreation</td>
<td>REC 498: Internship</td>
</tr>
<tr>
<td>Required Concentration Course</td>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
</tr>
<tr>
<td>Hours outside major</td>
<td>OR</td>
</tr>
<tr>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
<td>REC489 Internship in Therapeutic Rec</td>
</tr>
<tr>
<td>12</td>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
</tr>
</tbody>
</table>

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**DISCLAIMER:** The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.
### General Education Requirements:
- 35 semester hours
- ENG 101: English Composition I (3)
- ENG 102: English Composition II (3)
- Mathematics Course (3)
- MATH 109: Mathematical Explorations (recommended)
- Humanities Courses (9)
- COMR 103: Speaking and Listening (3)
- History Course (3)
- Social Sciences Courses (6)
  - PSYCH 151: Human Development (3) OR
  - PSYCH 100: General Psychology
- Natural and Physical Sciences Courses (8) (2 courses with labs)
  - BIOL 121/121L: Environmental Conservation/Lab (4)
  - Required if in Outdoor Leadership and Wilderness Education concentration.

### Course Completed elsewhere  
CSU-Pueblo equivalent
(Ex: English 101)  
(Ex: English 101)

### Major Requirements:

#### EXHP Recreation Core Requirements: 56 semester hours
- EXHP 101: Introduction to EXHPR (2)
- REC 100L: Wilderness Tech Skills (1)
- REC 240: Recreation Program Design (3)
- REC 249: Challenge Course Leadership (2)
- REC 250: Commercial Recreation and Tourism (3)
- REC 280: Foundations of Therapeutic Recreation (3)
- AT 232: First Aid (2) OR
- REC 322: Wilderness First Aid (OL/WE required) (2)
- MCCNM 210: Intro to integrated Communication (3)
- REC 350: Leadership and Ethics (3)
- REC 360: Outdoor Education (3)
- REC 375: Research and Evaluation of Recreation (3)
- REC 389: Community/Commercial Rec Practicum (3)
- EXHP 461: Managing Programs in EXHPR (3)
- REC 493: Seminar (2)
- REC 485: Recreation Facility Design/Management (3)
- REC 498: Internship (12) OR
- REC 489: Internship in Therapeutic Rec (12)
- CIS 100: Introduction to Word and Windows (1)
- CIS 103: PowerPoint and Web Publishing (1)
- CIS 104: Excel Spreadsheets (1)

### Concentration Course Requirements:
Students pursuing the Recreation emphasis are required to select a concentration area in either Outdoor Leadership and Wilderness Education or Recreation Management.

### Institutional Graduation Requirements:
- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 semester hours must be earned from a four year institution. Of these, a minimum of 30 semester hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

### Additional Major Graduation Requirements:
- Complete an emphasis of study with a cumulative GPA of 2.50 or higher
- Earn a minimum grade of a “C” in all prerequisite and major courses
- Repeat prerequisite and major courses with a grade of “D” or lower until a grade of “C” or higher is achieved; and
- Earn a cumulative of 2.0 or higher in required English and speech courses.

#### OUTDOOR LEADERSHIP AND WILDERNESS EDUCATION: 64 semester hours

**Required Concentration Courses: 12 semester credits**
- Take any three of Rec 102, 103, 104, 105 6 credit hours
- REC 102: Mountain Orientation (2)
- REC 104: Desert Orientation (2)
- REC 103: Winter Orientation (2)
- REC 105: Canyon Orientation (2)
- REC 270: Outdoor Leadership I (2)
- REC 170: Outdoor Leadership II (2)
- REC 484: Outdoor Resources and Management (2)

#### Hours Outside the Major: 17 sem. hours

### General Education Requirements (35)
- COMR 103: Speaking and Listening (3)
- ENG 101: Composition I (3)
- ENG 102: Composition II (3)
- MATH: (3)
- Social Sciences (3)
- PSYCH: 151 Human Development (3) OR
  - PSYCH: 100 General Psychology (3)
- Humanities (6)
- History (3)
- Natural and Physical Science (4)
- BIOL121: Environmental Conservation (3)
- BIOL 121L: Environmental Conservation Lab (1)

### RECREATION MANAGEMENT: 64 semester hours

**Required Concentration Courses: 12 semester credits**
- MGMT 201: Principles of Management (3)
- MGMT 318: Human Resource Management (3)
- MKTG 340: Principles of Marketing (3)
- MKTG 342: Promotional Strategy (3)
- OR
- MKTG 345: Retail Management (3)
- OR
- MKTG 348: Consumer Behavior (3)

#### Hours Outside the Major: 17 semester hours

### General Education Requirements (35)
- COMR 103: Speaking and Listening (3)
- ENG 101: Composition I (3)
- ENG 102: Composition II (3)
- MATH: (3)
- Social Sciences (3)
- PSYCH: 151 Human Development (3) OR
  - PSYCH: 100 General Psychology (3)
- Humanities (6)
- History (3)
- Natural and Physical Science (8)