

ACADEMIC PLANNING SHEET

B.S. ATHLETIC TRAINING

COLORADO STATE UNIVERSITY – PUEBLO

2017-2018 CATALOG

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	Fall Semester		Spring Semester	
First Year	AT 101: Introduction to Athletic Training+ EXHP 162: Personal Health EXHP 162L: Personal Health Lab ENG 101: English Composition I MATH 121: College Algebra CIS 100: Intro to Word & Windows CIS 103: PowerPoint & Web Publishing CIS 104: Excel Spreadsheets TOTAL SEMESTER HOURS	2 3 1 3 4 1 1 1 <hr/> 16	AT 232: First Aid+ AT 260: Care & Prevention. of Athletic Injuries+ BIOL 112: Nutrition ENG 102: English Composition II General Education TOTAL SEMESTER HOURS	2 3 3 3 6 <hr/> 17
Second Year	AT 233: Emergency Care in Athletic Training+ EXHP 222: Behavior Facilitation EXHP 343: Research and Statistics BIOL 223/L Human Physiology & Anatomy I/Lab+ PSYCH 151: Human Development Or PSYCH 100: General Psychology Hours outside the major/Electives TOTAL SEMESTER HOURS	1 3 3 4 3 1 <hr/> 15	AT 279: Practicum in Athletic Training I+ EXHP 364: Kinesiology BIOL 224/L: Human Physiology & Anatomy II/Lab+ COMR 103: Speaking & Listening General Education TOTAL SEMESTER HOURS *Apply into upper division and clinical education portion of program	2 3 4 3 3 <hr/> 15
Third Year	AT 330: Lower Extremity Evaluation AT 379: Practicum in Athletic Training II AT 419: AT Field Experience AT 430: Therapeutic Modalities PSYCH 205: Introduction to Sport Psychology General Education TOTAL SEMESTER HOURS	3 1 3 3 3 3 <hr/> 16	AT 331: Upper Extremity Evaluation AT 339: Clinical Pathology & Assessment AT 389: Practicum in Athletic Training III AT 419: Athletic Training Field Experience EXHP 344: Exercise Physiology EXHP 344L: Exercise Physiology Lab TOTAL SEMESTER HOURS	3 3 1 3 3 1 <hr/> 14
Fourth Year	AT 332: Head, Neck, & Spine Evaluation AT 419: Athletic Training Field Experience AT 431: Therapeutic Exercise AT 479: Practicum in Athletic Training IV Hours outside major/Electives TOTAL SEMESTER HOURS	3 3 3 1 3 <hr/> 13	AT 323: Functional Exercise Training AT 419: Athletic Training Field Experience AT 443: Administration in Athletic Training AT 489: Practicum in Athletic Training V AT 488: BOC Test Prep Hours outside the major/Electives TOTAL SEMESTER HOURS	2 3 3 1 1 4 <hr/> 14

+ Prerequisites needed to apply in clinical education portion of program

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General Education Requirements: 12 semester hours

- ENG 101: English Composition I (3) ***
- ENG 102: English Composition II (3) ***
- Mathematics Course (3)
 - MATH 121: College Algebra (4) ***
- Humanities Courses (9)
 - COMR 103: Speaking and Listening (3) ***
- History Course (3)
- Social Sciences Courses (6)
 - PSYCH 151: Human Development (3) ***
 - OR
 - PSYCH 100: General Psychology (3) ***
- Natural and Physical Sciences Courses (8) (2 courses with labs)
 - EXHP 162: Personal Health (3) ***
 - EXHP 162L: Personal Health Lab (1) ***
 - BIOL 223: Human Physiology & Anatomy I (3) ***
 - BIOL 223L Human Physiology & Anatomy I Lab (1) ***

Course Completed elsewhere CSU-Pueblo equivalent
(Ex: English 101) (Ex: English 101)

Required Major Courses: 50 Sem. Hours

- AT 101 Introduction to Athletic Training (2) **
- AT 232: First Aid (2) **
- AT 233: Emergency Care in Athletic Training (1) **
- AT 260: Care and Prevention of Athletic Injuries (3) **
- AT 279: Practicum in Athletic Training I (2) **
- AT 323: Functional Exercise Training (2)
- AT 330: Lower Extremity Evaluation (3)
- AT 331: Upper Extremity Evaluation (3)
- AT 332: Head, Neck, and Spine Evaluation (3)
- AT 339: Clinical Pathology and Assessment (3)
- AT 379: Practicum in Athletic Training II (1)
- AT 389: Practicum in Athletic Training III (1)
- AT 419: Athletic Training Field Experience (12)
- AT 430: Therapeutic Modalities (3)
- AT 431: Therapeutic Exercise (3)
- AT 443: Administration in Athletic Training (3)
- AT 479: Practicum in Athletic Training IV (1)
- AT 488: BOC Test Prep (1)
- AT 489: Practicum in Athletic Training V (1)

Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

Additional Major Graduation Requirements:

- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Receive grades of no less than "B" in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- Acceptance into the major.

Other Required Courses 62 Semester Hours

- BIOL 112: Nutrition (3) **
 - BIOL 223: Human Physiology & Anatomy I (3) ***
 - BIOL 223L: Human Physiology & Anatomy I Lab (1) ***
 - BIOL 224: Human Physiology & Anatomy II (3) **
 - BIOL 224L: Human Physiology & Anatomy II Lab (1) **
 - CIS 100: Intro to Word and Windows (1) **
 - CIS 103: Power Point and Web Publishing (1) **
 - CIS 104: Excel Spreadsheets (1) **
 - COMR 103: Speaking and Listening (3) ***
 - ENG 101: English Composition I (3) ***
 - ENG 102: English Composition II (3) ***
 - EXHP 162: Personal Health (3) ***
 - EXHP 162L: Personal Health Lab (1) ***
 - EXHP 222: Behavior Facilitation (3) **
 - EXHP 343: Research and Statistics (3) **
 - EXHP 344: Exercise Physiology (3) **
 - EXHP 344L: Exercise Physiology Lab (1) **
 - EXHP 364: Kinesiology (3) **
 - MATH 121: College Algebra (4) ***
 - PSYCH 151: Intro to Human Development (3) ***
 - OR
 - PSYCH 100: General Psychology (3) ***
 - PSYCH 205: Introduction to Sport Psychology (3)
 - General Education: History (3)
 - General Education: Humanities (6)
 - General Education: Social Science (3)
- (Courses *italicized* meet General Education requirements)

Hours Outside the Major: 8 semester-hours

** Course may be offered Fall or Spring

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