

# ACADEMIC PLANNING SHEET

## B.S. ATHLETIC TRAINING

COLORADO STATE UNIVERSITY – PUEBLO

2016-2017 CATALOG

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	Fall Semester		Spring Semester	
<b>First Year</b>	AT 101: Introduction to Athletic Training+ EXHP 162: Personal Health EXHP 162L: Personal Health Lab ENG 101: English Composition I MATH 121: College Algebra CIS 100: Intro to Word & Windows CIS 103: PowerPoint & Web Publishing CIS 104: Excel Spreadsheets	2 3 1 3 4 1 1 1	AT 232: First Aid+ AT 260: Care & Prevention. of Athletic Injuries+ BIOL 112: Nutrition ENG 102: English Composition II General Education	2 3 3 3 6
	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>	<b>TOTAL SEMESTER HOURS</b>	<b>17</b>
<b>Second Year</b>	AT 233: Emergency Care in Athletic Training+ EXHP 222: Behavior Facilitation EXHP 343: Research and Statistics BIOL 223/L Human Physiology & Anatomy I/Lab+ PSYCH 151: Human Development <b>Or</b> PSYCH 100: General Psychology Hours outside the major/Electives	1 3 3 4 3 1	AT 279: Practicum in Athletic Training I+ EXHP 364: Kinesiology BIOL 224/L: Human Physiology & Anatomy II/Lab+ COMR 103: Speaking & Listening General Education	2 3 4 3 3
	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>	<b>TOTAL SEMESTER HOURS</b>	<b>15</b>
			*Apply into upper division and clinical education portion of program	
<b>Third Year</b>	AT 330: Lower Extremity Evaluation AT 379: Practicum in Athletic Training II AT 419: AT Field Experience AT 430: Therapeutic Modalities PSYCH 205: Introduction to Sport Psychology General Education	3 1 3 3 3 3	AT 331: Upper Extremity Evaluation AT 339: Clinical Pathology & Assessment AT 389: Practicum in Athletic Training III AT 419: Athletic Training Field Experience EXHP 344: Exercise Physiology EXHP 344L: Exercise Physiology Lab	3 3 1 3 3 1
	<b>TOTAL SEMESTER HOURS</b>	<b>16</b>	<b>TOTAL SEMESTER HOURS</b>	<b>14</b>
<b>Fourth Year</b>	AT 332: Head, Neck, & Spine Evaluation AT 419: Athletic Training Field Experience AT 431: Therapeutic Exercise AT 479: Practicum in Athletic Training IV Hours outside major/Electives	3 3 3 1 3	AT 323: Functional Exercise Training AT 419: Athletic Training Field Experience AT 443: Administration in Athletic Training AT 489: Practicum in Athletic Training V AT 488: BOC Test Prep Hours outside the major/Electives	2 3 3 1 1 4
	<b>TOTAL SEMESTER HOURS</b>	<b>13</b>	<b>TOTAL SEMESTER HOURS</b>	<b>14</b>

+ Prerequisites needed to apply in clinical education portion of program

**DISCLAIMER:** The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.

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## General Education Requirements: 12 semester hours

- ENG 101: English Composition I* (3) \*\*
- ENG 102: English Composition II* (3) \*\*
- Mathematics Course (3)
  - MATH 121: College Algebra* (4) \*\*
- Humanities Courses (9)
  - COMR 103: Speaking and Listening* (3) \*\*
- History Course (3)
- Social Sciences Courses (6)
  - PSYCH 151: Human Development* (3) \*\*
  - OR
  - PSYCH 100: General Psychology* (3) \*\*
- Natural and Physical Sciences Courses (8) (2 courses with labs)
  - EXHP 162: Personal Health* (3) \*\*
  - EXHP 162L: Personal Health Lab* (1) \*\*
  - BIOL 223: Human Physiology & Anatomy I* (3) \*\*
  - BIOL 223L Human Physiology & Anatomy I Lab* (1) \*\*

Course Completed elsewhere                      CSU-Pueblo equivalent  
(Ex: English 101)                                      (Ex: English 101)

## Required Major Courses: 50 Sem. Hours

- AT 101 Introduction to Athletic Training (2) \*\*
- AT 232: First Aid (2) \*\*
- AT 233: Emergency Care in Athletic Training (1) \*\*
- AT 260: Care and Prevention of Athletic Injuries (3) \*\*
- AT 279: Practicum in Athletic Training I (2) \*\*
- AT 323: Functional Exercise Training (2)
- AT 330: Lower Extremity Evaluation (3)
- AT 331: Upper Extremity Evaluation (3)
- AT 332: Head, Neck, and Spine Evaluation (3)
- AT 339: Clinical Pathology and Assessment (3)
- AT 379: Practicum in Athletic Training II (1)
- AT 389: Practicum in Athletic Training III (1)
- AT 419: Athletic Training Field Experience (12)
- AT 430: Therapeutic Modalities (3)
- AT 431: Therapeutic Exercise (3)
- AT 443: Administration in Athletic Training (3)
- AT 479: Practicum in Athletic Training IV (1)
- AT 488: BOC Test Prep (1)
- AT 489: Practicum in Athletic Training V (1)

## Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

## Additional Major Graduation Requirements:

- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Receive grades of no less than "B" in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- Acceptance into the major.

## Other Required Courses 62 Semester Hours

- BIOL 112: Nutrition (3) \*\*
  - BIOL 223: Human Physiology & Anatomy I* (3) \*\*
  - BIOL 223L: Human Physiology & Anatomy I Lab* (1) \*\*
  - BIOL 224: Human Physiology & Anatomy II (3) \*\*
  - BIOL 224L: Human Physiology & Anatomy II Lab (1) \*\*
  - CIS 100: Intro to Word and Windows (1) \*\*
  - CIS 103: Power Point and Web Publishing (1) \*\*
  - CIS 104: Excel Spreadsheets (1) \*\*
  - COMR 103: Speaking and Listening* (3) \*\*
  - ENG 101: English Composition I* (3) \*\*
  - ENG 102: English Composition II* (3) \*\*
  - EXHP 162: Personal Health* (3) \*\*
  - EXHP 162L: Personal Health Lab* (1) \*\*
  - EXHP 222: Behavior Facilitation (3) \*\*
  - EXHP 343: Research and Statistics (3) \*\*
  - EXHP 344: Exercise Physiology (3) \*\*
  - EXHP 344L: Exercise Physiology Lab (1) \*\*
  - EXHP 364: Kinesiology (3) \*\*
  - MATH 121: College Algebra* (4) \*\*
  - PSYCH 151: Intro to Human Development* (3) \*\*
  - OR
  - PSYCH 100: General Psychology* (3) \*\*
  - PSYCH 205: Introduction to Sport Psychology (3)
  - General Education: History (3)
  - General Education: Humanities (6)
  - General Education: Social Science (3)
- (Courses *italicized* meet General Education requirements)

## Hours Outside the Major: 8 semester-hours

\*\* Course may be offered Fall or Spring

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