

# ACADEMIC PLANNING SHEET

## B.S. ATHLETIC TRAINING

COLORADO STATE UNIVERSITY – PUEBLO

2015-2016 CATALOG

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	Fall Semester		Spring Semester	
<b>First Year</b>	AT 101: Introduction to Athletic Training+ EXHP 162: Personal Health EXHP 162L: Personal Health Lab ENG 101: English Composition I MATH 121: College Algebra CIS 100: Intro to Word & Windows CIS 103: PowerPoint & Web Publishing CIS 104: Excel Spreadsheets  <b>TOTAL SEMESTER HOURS</b>	2 3 1 3 4 1 1 1  <b>16</b>	AT 232: First Aid+ AT 260: Care & Prevention. of Athletic Injuries+ BIOL 112: Nutrition ENG 102: English Composition II General Education  <b>TOTAL SEMESTER HOURS</b>	2 3 3 3 6  <b>17</b>
<b>Second Year</b>	AT 233: CPR/AED for the Professional Rescuer+ EXHP 222: Behavior Facilitation EXHP 343: Research and Statistics BIOL 223/L Human Physiology & Anatomy I/Lab+ PSYCH 151: Human Development <b>Or</b> PSYCH 100: General Psychology Hours outside the major/Electives  <b>TOTAL SEMESTER HOURS</b>	1 3 3 4 3  1 <b>15</b>	AT 279: Practicum in Athletic Training I+ EXHP 364: Kinesiology BIOL 224/L: Human Physiology & Anatomy II/Lab+ COMR 103: Speaking & Listening General Education  <b>TOTAL SEMESTER HOURS</b>  *Apply into upper division and clinical education portion of program	2 3 4 3 3  <b>15</b>
<b>Third Year</b>	AT 330: Lower Extremity Evaluation AT 379: Practicum in Athletic Training II AT 419: AT Field Experience AT 430: Therapeutic Modalities PSYCH 205: Introduction to Sport Psychology General Education  <b>TOTAL SEMESTER HOURS</b>	3 1 3 3 3 3  <b>16</b>	AT 331: Upper Extremity Evaluation AT 339: Clinical Pathology & Assessment AT 389: Practicum in Athletic Training III AT 419: Athletic Training Field Experience EXHP 344: Exercise Physiology EXHP 344L: Exercise Physiology Lab  <b>TOTAL SEMESTER HOURS</b>	3 3 1 3 3 1  <b>14</b>
<b>Fourth Year</b>	AT 332: Head, Neck, & Spine Evaluation AT 419: Athletic Training Field Experience AT 431: Therapeutic Exercise AT 479: Practicum in Athletic Training IV Hours outside major/Electives  <b>TOTAL SEMESTER HOURS</b>	3 3 3 1 3  <b>13</b>	AT 323: Functional Exercise Training AT 419: Athletic Training Field Experience AT 443: Administration in Athletic Training AT 489: Practicum in Athletic Training V AT 488: BOC Test Prep Hours outside the major/Electives  <b>TOTAL SEMESTER HOURS</b>	2 3 3 1 1 4  <b>14</b>

+ Prerequisites needed to apply in clinical education portion of program

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## General Education Requirements: 18 semester hours

- ENG 101: English Composition I (3) \*\*
- ENG 102: English Composition II (3) \*\*
- Mathematics Course (3)
  - MATH 121: College Algebra* (4) \*\*
- Humanities Courses (9)
  - COMR 103: Speaking and Listening* (3) \*\*
- History Course (3)
- Social Sciences Courses (6)
  - PSYCH 151: Human Development* (3) \*\*
  - OR
  - PSYCH 100: General Psychology* (3) \*\*
- Natural and Physical Sciences Courses (8) (2 courses with labs)
  - EXHP 162: Personal Health* (3) \*\*
  - EXHP 162L: Personal Health Lab* (1) \*\*
  - BIOL 223: Human Physiology & Anatomy I* (3) \*\*
  - BIOL 223L Human Physiology & Anatomy I Lab* (1) \*\*

Course Completed elsewhere                      CSU-Pueblo equivalent  
(Ex: English 101)                                      (Ex: English 101)

## Core Course Requirements for Athletic Training: 25 Sem. Hours

- AT 101 Introduction to Athletic Training (2) \*\*
- BIOL 112: Nutrition (3) \*\*
- EXHP 162: Personal Health* (3) \*\*
- EXHP 162L: Personal Health Lab* (1) \*\*
- EXHP 222: Behavior Facilitation (3)\*\*
- EXHP 343: Research and Statistics (3) \*\*
- EXHP 344: Exercise Physiology (3) \*\*
- EXHP 344L: Exercise Physiology Lab (1) \*\*
- EXHP 364: Kinesiology (3) \*\*
- AT 443: Admin in Athletic Training (3)

## Institutional Graduation Requirements:

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

## Additional Major Graduation Requirements:

- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a "C" in all prerequisite and major courses
- Receive grades of no less than "B" in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- Acceptance into the major.

## Required Major Courses: 45 Semester Hours

- AT 232: First Aid (2) \*\*
- AT 233: CPR/AED for the Professional Rescuer (1) \*\*
- AT 260: Care and Prevention of Athletic Injuries (3) \*\*
- AT 279: Practicum in Athletic Training I (2) \*\*
- AT 323: Functional Exercise Training (2)
- AT 330: Lower Extremity Evaluation (3)
- AT 331: Upper Extremity Evaluation (3)
- AT 332: Head, Neck, and Spine Evaluation (3)
- AT 339: Clinical Pathology and Assessment (3)
- AT 379: Practicum in Athletic Training II (1)
- AT 389: Practicum in Athletic Training III (1)
- AT 419: Athletic Training Field Experience (12)
- AT 430: Therapeutic Modalities (3)
- AT 431: Therapeutic Exercise (3)
- AT 479: Practicum in Athletic Training IV (1)
- AT 488: BOC Test Prep (1)
- AT 489: Practicum in Athletic Training V (1)

## Other Required Courses 24 Semester Hours

- BIOL 223: Human Physiology & Anatomy I* (3) \*\*
  - BIOL 223L: Human Physiology & Anatomy I Lab* (1) \*\*
  - BIOL 224: Human Physiology & Anatomy II (3) \*\*
  - BIOL 224L: Human Physiology & Anatomy II Lab (1) \*\*
  - CIS 100: Intro to Word and Windows (1) \*\*
  - CIS 103: Power Point and Web Publishing (1) \*\*
  - CIS 104: Excel Spreadsheets (1) \*\*
  - MATH 121: College Algebra* (4) \*\*
  - PSYCH 151: Intro to Human Development* (3) \*\*
  - OR
  - PSYCH 100: General Psychology* (3) \*\*
  - PSYCH 205: Introduction to Sport Psychology (3)
  - COMR 103: Speaking and Listening* (3) \*\*
- (Courses *italicized* meet General Education requirements)

## Hours Outside the Major: 8 semester-hours

\*\* Course may be offered Fall or Spring

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