

ACADEMIC PLANNING SHEET

B.S. ATHLETIC TRAINING

COLORADO STATE UNIVERSITY – PUEBLO

2014-2015 CATALOG

Roger Clark, Ph.D., ATC, Associate Professor

Director Athletic Training

PHONE: 549-2530 EMAIL: roger.clark@csupueblo.edu

Ms. Pamela Parrack, Administrative Assistant II

PHONE: 549-2381 EMAIL: pamela.parrack@csupueblo.edu

	Fall Semester		Spring Semester	
First Year	AT 101: Introduction to Athletic Training+ EXHP 162: Personal Health EXHP 162L: Personal Health Lab ENG 101: English Composition I MATH 121: College Algebra CIS 100: Intro to Word & Windows CIS 103: PowerPoint & Web Publishing CIS 104: Excel Spreadsheets	2 3 1 3 4 1 1 1	AT 232: First Aid+ AT 260: Care & Prevention. of Athletic Injuries+ BIOL 112: Nutrition ENG 102: English Composition II General Education	2 3 3 3 6
	TOTAL SEMESTER HOURS	16	TOTAL SEMESTER HOURS	17
Second Year	AT 233: CPR/AED for the Professional Rescuer+ EXHP 222: Behavior Facilitation EXHP 343: Research and Statistics BIOL 223/L Human Physiology & Anatomy I/Lab+ PSYCH 151: Human Development Or PSYCH 100: General Psychology Hours outside the major/Electives	1 3 3 4 3 1	AT 279: Practicum in Athletic Training I+ EXHP 364: Kinesiology BIOL 224/L: Human Physiology & Anatomy II/Lab+ COMR 103: Speaking & Listening General Education	2 3 4 3 3
	TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	15
			*Apply into upper division and clinical education portion of program	
Third Year	AT 330: Lower Extremity Evaluation AT 379: Practicum in Athletic Training II AT 419: AT Field Experience AT 430: Therapeutic Modalities EXHP 344: Exercise Physiology EXHP 344L: Exercise Physiology Lab PSYCH 205: Introduction to Sport Psychology	3 1 2 3 3 1 3	AT 323: Functional Exercise Training AT 331: Upper Extremity Evaluation AT 339: Clinical Pathology & Assessment AT 389: Practicum in Athletic Training III AT 419: Athletic Training Field Experience General Education	2 3 3 1 2 3
	TOTAL SEMESTER HOURS	16	TOTAL SEMESTER HOURS	14
Fourth Year	AT 332: Head, Neck, & Spine Evaluation AT 419: Athletic Training Field Experience AT 431: Therapeutic Exercise AT 479: Practicum in Athletic Training IV Hours outside major/Electives	3 2 3 1 5	AT 419: Athletic Training Field Experience AT 443: Administration in Athletic Training AT 489: Practicum in Athletic Training V AT 488: BOC Test Prep Hours outside the major/Electives	2 3 1 1 6
	TOTAL SEMESTER HOURS	14	TOTAL SEMESTER HOURS	13

+ Prerequisites needed to apply in clinical education portion of program

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General Education Requirements: 18 semester hours

- o ENG 101: English Composition I (3) **
- o ENG 102: English Composition II (3) **
- o Mathematics Course (3)
 - o *MATH 121: College Algebra* (4) **
- o Humanities Courses (9)
 - o *COMR 103: Speaking and Listening* (3) **
- o History Course (3)
- o Social Sciences Courses (6)
 - o *PSYCH 151: Human Development* (3) **
 - OR
 - o *PSYCH 100: General Psychology* (3) **
- o Natural and Physical Sciences Courses (8) (2 courses with labs)
 - o *EXHP 162: Personal Health* (3) **
 - o *EXHP 162L: Personal Health Lab* (1) **
 - o *BIOL 223: Human Physiology & Anatomy I* (3) **
 - o *BIOL 223L Human Physiology & Anatomy I Lab* (1) **

Course Completed elsewhere CSU-Pueblo equivalent
(Ex: English 101) (Ex: English 101)

Core Course Requirements for Athletic Training: 25 Sem. Hours

- o AT 101 Introduction to Athletic Training (2) **
- o BIOL 112: Nutrition (3) **
- o *EXHP 162: Personal Health* (3) **
- o *EXHP 162L: Personal Health Lab* (1) **
- o EXHP 222: Behavior Facilitation (3)**
- o EXHP 343: Research and Statistics (3) **
- o EXHP 344: Exercise Physiology (3) **
- o EXHP 344L: Exercise Physiology Lab (1) **
- o EXHP 364: Kinesiology (3) **
- o AT 443: Admin in Athletic Training (3)

Institutional Graduation Requirements:

- o Total of 120 semester hours, minimum.
- o Complete a minimum of 40 semester hours in upper-division courses.
- o Overall cumulative grade point average of 2.00.
- o A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- o Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- o All other requirements as specified in the Catalog.

Additional Major Graduation Requirements:

- o Complete the major of study with a cumulative GPA of 2.75 or higher
- o Earn a minimum grade of a "C" in all prerequisite and major courses
- o Receive grades of no less than "B" in all AT courses
- o Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- o Acceptance into the major.

Required Major Courses: 41 Semester Hours

- o AT 232: First Aid (2) **
- o AT 233: CPR/AED for the Professional Rescuer (1) **
- o AT 260: Care and Prevention of Athletic Injuries (3) **
- o AT 279: Practicum in Athletic Training I (2) **
- o AT 323: Functional Exercise Training (2)
- o AT 330: Lower Extremity Evaluation (3)
- o AT 331: Upper Extremity Evaluation (3)
- o AT 332: Head, Neck, and Spine Evaluation (3)
- o AT 339: Clinical Pathology and Assessment (3)
- o AT 379: Practicum in Athletic Training II (1)
- o AT 389: Practicum in Athletic Training III (1)
- o AT 419: Athletic Training Field Experience (8)
- o AT 430: Therapeutic Modalities (3)
- o AT 431: Therapeutic Exercise (3)
- o AT 479: Practicum in Athletic Training IV (1)
- o AT 488: BOC Test Prep (1)
- o AT 489: Practicum in Athletic Training V (1)

Other Required Courses 24 Semester Hours

- o *BIOL 223: Human Physiology & Anatomy I* (3) **
 - o *BIOL 223L: Human Physiology & Anatomy I Lab* (1) **
 - o BIOL 224: Human Physiology & Anatomy II (3) **
 - o BIOL 224L: Human Physiology & Anatomy II Lab (1) **
 - o CIS 100: Intro to Word and Windows (1) **
 - o CIS 103: Power Point and Web Publishing (1) **
 - o CIS 104: Excel Spreadsheets (1) **
 - o *MATH 121: College Algebra* (4) **
 - o *PSYCH 151: Intro to Human Development* (3) **
 - OR
 - o *PSYCH 100: General Psychology* (3) **
 - o PSYCH 205: Introduction to Sport Psychology (3)
 - o *COMR 103: Speaking and Listening* (3) **
- (Courses *italicized* meet General Education requirements)

Hours Outside the Major: 12 semester-hours

** Course may be offered Fall or Spring

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