ACADEMIC PLANNING SHEET

COLORADO STATE UNIVERSITY – PUEBLO

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B.S. ATHLETIC TRAINING

2014-2015 CATALOG

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<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
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<tr>
<td><strong>First Year</strong></td>
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<tr>
<td>AT 101: Introduction to Athletic Training+</td>
<td>AT 232: First Aid+</td>
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<tr>
<td>EXHP 162: Personal Health</td>
<td>AT 260: Care &amp; Prevention. of Athletic Injuries+</td>
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<tr>
<td>EXHP 162L: Personal Health Lab</td>
<td>BIOL 112: Nutrition</td>
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<tr>
<td>ENG 101: English Composition I</td>
<td>ENG 102: English Composition II</td>
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<tr>
<td>MATH 121: College Algebra</td>
<td>General Education</td>
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<tr>
<td>CIS 100: Intro to Word &amp; Windows</td>
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<tr>
<td>CIS 103: PowerPoint &amp; Web Publishing</td>
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<tr>
<td>CIS 104: Excel Spreadsheets</td>
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<tr>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
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<tr>
<td>16</td>
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<tr>
<td><strong>Second Year</strong></td>
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<tr>
<td>AT 233: CPR/AED for the Professional Rescuer+</td>
<td>AT 279: Practicum in Athletic Training I+</td>
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<td>EXHP 222: Behavior Facilitation</td>
<td>EXHP 364: Kinesiology</td>
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<td>EXHP 343: Research and Statistics</td>
<td>BIOL 224/L: Human Physiology &amp; Anatomy II/Lab+</td>
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<td>BIOL 223/L: Human Physiology &amp; Anatomy I/Lab+</td>
<td>COMR 103: Speaking &amp; Listening</td>
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<td>PSYCH 151: Human Development Or</td>
<td>General Education</td>
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<tr>
<td>PSYCH 100: General Psychology</td>
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<tr>
<td>Hours outside the major/Electives</td>
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<tr>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
<td><strong>TOTAL SEMESTER HOURS</strong></td>
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<td>15</td>
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*Apply into upper division and clinical education portion of program

| Third Year                                         |                                                      |
| AT 330: Lower Extremity Evaluation                 | AT 323: Functional Exercise Training                 |
| AT 379: Practicum in Athletic Training II          | AT 331: Upper Extremity Evaluation                   |
| AT 419: AT Field Experience                        | AT 339: Clinical Pathology & Assessment              |
| AT 430: Therapeutic Modalities                     | AT 389: Practicum in Athletic Training III           |
| EXHP 344: Exercise Physiology                      | AT 419: Athletic Training Field Experience           |
| EXHP 344L: Exercise Physiology Lab                 | General Education                                    |
| PSYCH 205: Introduction to Sport Psychology        |                                                      |
| **TOTAL SEMESTER HOURS**                          | **TOTAL SEMESTER HOURS**                             |
| 16                                                 | 14                                                   |

| Fourth Year                                        |                                                      |
| AT 332: Head, Neck, & Spine Evaluation             | AT 419: Athletic Training Field Experience           |
| AT 419: Athletic Training Field Experience         | AT 443: Administration in Athletic Training          |
| AT 431: Therapeutic Exercise                       | AT 489: Practicum in Athletic Training V             |
| AT 479: Practicum in Athletic Training IV          | AT 488: BOC Test Prep                                |
| Hours outside major/Electives                      |                                                      |
| **TOTAL SEMESTER HOURS**                          | **TOTAL SEMESTER HOURS**                             |
| 14                                                 | 13                                                   |

+ Prerequisites needed to apply in clinical education portion of program

DISCLAIMER: The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.

09/02/14
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COLORADO STATE UNIVERSITY - PUEBLO 2014-2015 CATALOG

General Education Requirements: 18 semester hours

- ENG 101: English Composition I (3) **
- ENG 102: English Composition II (3) **
- Mathematics Course (3)
  - MATH 121: College Algebra (4) **
- Humanities Courses (9)
  - COMR 103: Speaking and Listening (3) **
- History Course (3)
- Social Sciences Courses (6)
  - PSYCH 151: Human Development (3) **
  - OR
  - PSYCH 100: General Psychology (3) **
- Natural and Physical Sciences Courses (8) (2 courses with labs)
  - EXHP 162: Personal Health (3) **
  - EXHP 162L: Personal Health Lab (1) **
- BIOL 223: Human Physiology & Anatomy I (3) **
- BIOL 223L: Human Physiology & Anatomy I Lab (1) **

Course Completed elsewhere CSU-Pueblo equivalent
(Ex: English 101) (Ex: English 101)

Core Course Requirements for Athletic Training: 25 Sem. Hours

- AT 101: Introduction to Athletic Training (2) **
- BIOL 112: Nutrition (3) **
- EXHP 162: Personal Health (3) **
- EXHP 162L: Personal Health Lab (1) **
- EXHP 222: Behavior Facilitation (3) **
- EXHP 343: Research and Statistics (3) **
- EXHP 344: Exercise Physiology (3) **
- EXHP 344L: Exercise Physiology Lab (1) **
- EXHP 364: Kinesiology (3) **
- AT 443: Admin in Athletic Training (3)

Institutional Graduation Requirements:
- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

Additional Major Graduation Requirements:
- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a “C” in all prerequisite and major courses
- Receive grades of no less than “B” in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- Acceptance into the major.

Required Major Courses: 41 Semester Hours

- AT 232: First Aid (2) **
- AT 233: CPR/AED for the Professional Rescuer (1) **
- AT 260: Care and Prevention of Athletic Injuries (3) **
- AT 279: Practicum in Athletic Training I (2) **
- AT 323: Functional Exercise Training (2)
- AT 330: Lower Extremity Evaluation (3)
- AT 331: Upper Extremity Evaluation (3)
- AT 332: Head, Neck, and Spine Evaluation (3)
- AT 339: Clinical Pathology and Assessment (3)
- AT 379: Practicum in Athletic Training II (1)
- AT 389: Practicum in Athletic Training III (1)
- AT 419: Athletic Training Field Experience (8)
- AT 430: Therapeutic Modalities (3)
- AT 431: Therapeutic Exercise (3)
- AT 479: Practicum in Athletic Training IV (1)
- AT 488: BOC Test Prep (1)
- AT 489: Practicum in Athletic Training V (1)

Other Required Courses 24 Semester Hours

- BIOL 223: Human Physiology & Anatomy I (3) **
- BIOL 223L: Human Physiology & Anatomy I Lab (1) **
- BIOL 224: Human Physiology & Anatomy II (3) **
- BIOL 224L: Human Physiology & Anatomy II Lab (1) **
- CIS 100: Intro to Word and Windows (1) **
- CIS 103: Power Point and Web Publishing (1) **
- CIS 104: Excel Spreadsheets (1) **
- MATH 121: College Algebra (4) **
- PSYCH 151: Intro to Human Development (3) **
  - OR
- PSYCH 100: General Psychology (3) **
- PSYCH 205: Introduction to Sport Psychology (3)
- COMR 103: Speaking and Listening (3) **
(Courses italicized meet General Education requirements)

Hours Outside the Major: 12 semester-hours

** Course may be offered Fall or Spring

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